

Scottish Hill Runners

Junior Hill Running Race Calendar 2019



Photo by Mark Johnston

What is Hill Running?

“Hill running” is basically running in hilly terrain, often in the more beautiful parts of the countryside. It’s a fun sport, gets you fit and takes you to some great places! Most races for juniors are simply to the top of a hill and back down, usually by the same route. They almost always follow marked routes, but it’s still a good idea to familiarise yourself with the route beforehand and take along a map of the route as well.

There are hill races throughout the year, but the main season runs from May to September.

What kit do you need?

Well, for most races the same running kit you would have for a cross country race will be fine. Your shoes should have good grip, and it may be worthwhile investing in some specialist studded hill running shoes. You should also bring along waterproof top and bottoms, a compass and a whistle (and something to carry them in, ideally a “bum bag”), in case the race organiser asks you to carry some or all of these, though normally you won’t have to.

Junior age limits

Many shorter races are suitable for juniors or have separate courses for juniors. It is important to note that, for the benefit of juniors - and especially to protect their growing bodies from undue stress – there is a UK Athletics Rule that specifies the maximum length of course that juniors are permitted to race:

Under 8 – 1 km
Under 10 – 2 km
Under 12 – 3 km
Under 14 – 5 km
Under 16 – 7 km
Under 18 – 10 km

(NB: Age groups are defined by the runner's age on the day of the race)

In addition, there may be courses where the race organisers set more restrictive age limits – for example where there is a lot of climb or rough terrain. These age limits are stated in the Calendar where known, but you are always advised to check with the race organiser before travelling.

“Fun Runs” are suitable for all ages, though usually any Under 8s must be accompanied by an adult.

Race Categories

Hill races are divided into categories, to help you judge the difficulty involved:

Category A

- (a) Should average not less than 50m of climb per km of distance.
- (b) Should not have more than 20% of race distance on road.

Category B

- (a) Should average not less than 25m of climb per km of distance.
- (b) Should not have more than 30% of race distance on road.

Category C

- (a) Should average not less than 20m of climb per km of distance.
- (b) Should not have more than 40% of race distance on road.

In addition, there are **Race Length Categories:**

- (a) Category **S** (short) race is 10 km or under in length (juniors can run most of these)
- (b) Category **M** (medium) race is over 10 km but less than 20 km (juniors cannot run these unless they are over 18 on the day of the race)
- (c) Category **L** (long) race is 20 km or over in length (juniors **cannot** run these races)

As an example, the “Scald Law” race is 4km long, with 290 metres of climb and is therefore a category “AS”.

Junior Championship and League

The scottishathletics **Junior Championship** will be at Cornalees Hill Race, Greenock on Sunday 19th May. The Championship is open to members of scottishathletics. The categories are U20 (defined as born 2000–2002), U17 (born 2003-2004), U15 (born 2005-2006), with separate male and female awards.

The scottishathletics **Junior Hill Running League** for 2019 has categories of U20, U17 and U15.

The 7 counting races are:

23 Mar	Alex Brett Cioch Mor Junior	Dingwall
06 April	Ben Lomond Junior Race	Rowardennan
05 May	Lomonds Junior Races	Falkland
19 May	Cornalees Hill Race*	Greenock
02 Jun	Saugh Hill	Girvan
10 Aug	Cademuir Rollercoaster	Peebles
24 Aug	Broughton Heights (JHI Trial up & down)*	Broughton

* Double points awarded at Cornalees and Broughton.

Points will be awarded to the first 18 individuals in each category: 1st place 25 points, 2nd 20 points, 3rd 17 points, 4th 15 points, 5th 14 points, reducing at one point intervals down to 18th 1 point. The final league score comprises the athlete's best 3 race

scores, plus 2 points for each race completed. If overall points are tied after the final league race, points scored at Lomonds and Aberfoyle will be used to determine the winner of the age category. Details at: www.scottishathletics.org.uk

Qualification and other International events

2 June	European Champs Trial (uphill only)	Keswick, Lake District
TBC June	WMRA International Youth Cup (up & down)	
07 July	European Champs (UK team – uphill only)	Zermatt, Switzerland
24 Aug	Junior Home International trial (up & down)	Broughton
21 Sept	World Champs Trial (up & down)	Betws-y-coed, Wales
21 Sept	Junior Home International (up & down)	Betws-y-coed, Wales
15 Nov	World Champs (UK team – up & down)	Villa La Angostura, Argentina

Bog and Burn Series

This is a series of twelve Wednesday-night hill races in the central belt of Scotland. Competitors must be over 16 on 1 January 2019 (i.e. born in 2002 or earlier) to complete the series, though some of the individual races are open to younger runners.

Who are Scottish Hill Runners (SHR)?

SHR is an independent organisation providing services for hill runners in Scotland. Membership benefits include a regular newsletter, an annual journal and a printed Calendar of Hill Races (a comprehensive list of all hill races in Scotland for 2019). We aim to provide information on all aspects of hill racing, training and non-competitive hill running in Scotland. If you want to join (its £5 for juniors), contact:

Gordon Pryde (Membership Secretary) committee9@scottishhillrunners.uk

Or visit our website: www.scottishhillrunners.uk

This separate Junior Calendar is specifically aimed at junior runners (under 18), and gives details of all those races suitable for juniors, and includes the minimum age limits for each race. Although we have made every effort to ensure the information in this Calendar is accurate, details do change. We suggest that for any amendments to race details, you should check www.scottishhillrunners.uk. For races at Highland Games events, we advise you to phone the organiser before travelling (particularly for the race's start time), or visit www.shga.co.uk.

If you do find any errors in the Calendar, or have any amendments to make, then please e-mail the corrections to scottishhillrunners@yahoo.co.uk, or contact Angela Mudge (committee6@scottishhillrunners.uk)

Membership of Scottish Athletics

Scottish Athletics is the governing body in Scotland for hill racing held under the UK Athletics code for competition. For more information about membership and the benefits of joining, please contact Scottish Athletics at Caledonia House, South Gyle, Edinburgh EH12 9DQ, tel. 0131 539 7320; www.scottishathletics.org.uk

SHR Race Calendar 2019

Wed 02 Jan

12:00 noon "Broughton Brewery" Greenmantle Dash + Junior fun run

Broughton Village Hall, near Biggar, Peeblesshire

AS 3.2km / 200m £2 Over 16

12:05pm "Greenmantle Gallop Fun Run" (2.5km 90m). U8s must be accompanied.

Organised by Martin Hyman (martinhyman@clara.co.uk)

Dick Wall, 01899 880332

bigdixter@yahoo.co.uk

15:06 Scott Fraser 2009

18:45 Charlotte Morgan 2013

Sat 05 Jan

11:00am EI-Brim-Ick Dash + Junior race

South Kirkhill, Aberdeen NJ848109

AS 4.8km / 230m £2.50 Over 14

11:05am Junior race, 1.9km / 100m, Over 10

Ewen Rennie, 01224 326541

ewenrun@yahoo.com

19:30 Robbie Simpson 2012

23:21 Sonia Armitage 1995

Sat 09 Feb

1.55pm Scald Law (junior race)

Run in conjunction with Carnethy 5 event

AS 4km / 290m £2 Over 12

Three race categories: U18, U16 and U14

www.carnethy.com

20:10 Scott Fraser 2004

24:38 Jemma Toner 2004

Sun 03 Mar

2:00pm Bishop Hill Race + Junior race

Portmoak Village Hall, Scotlandwell, Fife

AS 4km / 300m £5/£7 Over 16

Full body cover required.

Half Bishophill race for juniors (aged 10-15) starting at 2pm with free entry.

Richard Gatehouse, 01250 875599

gatehouse688@btinternet.com lomondhillrunners.co.uk

17:22 Robbie Simpson 2011

20:32 Clare Whitehead 2011

Sat 16 Mar

2:00pm Craig Dunain

Admin Building, Queens Park, Inverness

BM 9km / 270m £3/£5 Over 17

Billy Skinner,

william.skinner@citb.co.uk www.invernessharriers.org.uk

32:21 Gordon Lennox 2014

35:43 Melissa Whyte 2009

Sat 16 Mar

3:00pm Chapelgill + 'Congrie Conga' Junior fun run

Glenholm, south of Broughton, Peeblesshire NT077294

AS 2.6km / 420m £2 Over 15

2:30pm "Congrie Conga Fun Run" 1.2km / 130m, Under 15

Under 8s must be accompanied

Organised by Martin Hyman (martinhyman@clara.co.uk)

18:50 Phil Davies 2003

22:10 Angela Mudge 2003

Sat 23 Mar

12:00 noon Alex Brett Memorial Cioch Mhor – JUNIOR League

Dingwall Sports Centre, Dingwall

AM 13km / 690m £5 Over 18 (a counter for the SAL U20 Junior League)

12:05pm Junior race, 4km / 230m. Over 12 (a counter for the SAL U17 and U15 Junior League)

www.highlandhillrunners.org.uk

1:05:12 Finlay Wild 2013

1:20:37 Nicola Meekin 2011

Tue 02 Apr

7:00pm Krunce Series - Race 1

Tyrebagger Woods, near Aberdeen NJ847109

BS 5.7km / 170m £1 Over 14

6 Race Series - New route in 2012

Ewen Rennie, 01224 326541

ewenrun@yahoo.com cosmics.org.uk

23:29 Kevin Harper 2012

27:52 Veronique Oldham 2012

Sat 06 April

12.00 noon Ben Lomond Junior Races – JUNIOR League

Car Park, Rowardennan. NS 359986

Races for U20, U17, U15 plus Fun Run for over 8s - a counter for the SA U20, U17, U15 Junior League

Malcolm Patterson, 07917 176969

malcpat@yahoo.co.uk

Sat 13 Apr

1:00pm Scree Hill

Palnackie, nr Castle Douglas NX 800547

AS 6.4km / 400m £5 Over 16

Douglas Milligan, 01556 503061

carolanddougie@btinternet.com

29:54 David Parrish 2012

33:41 Phoebe Webster 2010

Wed 17 Apr

7.00pm "Advertisign Direct" Kaim Hill Race

Bog and Burn

Primary School, Fairlie, North Ayrshire

AS 5.6km / 380m £5/£7 Over 16

Scott McKendrick, 01294 834343

scottmckendrick@btconnect.com www.advertisigndirect.co.uk

25:52 Mark Rigby 1995

32:24 Helene Diamantides 1995

Thurs 19 April

2:00pm Scolty + Junior race

Scolty Forest car park, nr. Banchory

AS 7.2km / 400m £6/£8 Over 16

David Hirst, 01339 881448

david.hirst@nr.no deesiderunners.com

31:30 Robbie Simpson 2014

37:38 Tracey Brindley 2005

Wed 24 Apr

7:00pm Beinn Dubh (Luss)

Bog and Burn

Luss, Loch Lomond

AS 6.5km / 620m £3 Over 16

Damien Theaker, 01436 675195

damien.theaker@tiscali.co.uk

33:44 Peter Hodgkinson 2017

42:04 Jill Stephen 2017

Fri 26 Apr

7:30pm Newtyle Hill

Taybank Pub, Dunkeld NO041435

BS 7.8km / 300m £5/£7 Over 16

Adrian Davis, 01350 727201

adrianrdavis@hotmail.com wildoutdoors.info

30:08 James Espie 2015

37:24 Judith Turner 2015

Sat 27 Apr

1:15pm Bog Tot – New for 2019

Holyrood Park, Edinburgh

BS 2km / 120m £3 Under 14

James Bowden,

disorganiser@huntersbogtrotters.com

Sat 27 Apr**1:00pm Hunters Bog Trot**

Holyrood Park, Edinburgh

BS 6.4km / 240m £3 Over 14

James Bowden,

disorganiser@huntersbogtrotters.com

25:50 Phil Mowbray 1999

29:24 Sarah McCormack 2013

Sat 27 Apr**2:30pm Norman's Law & Emily Hill (junior race)**

Luthrie Village Hall, Fife

BS 8km / 210m £3/£5 Over 16

2pm Emily Hill Junior Race. 1.5km / 64m. Free entry. Under 8 must be accompanied.

Roger Rees

rdr1@st-andrews.ac.uk www.fifeac.co.uk

27:51 Neil Martin 1996

34:24 Clare Miller 2000

Wed 01 May**7:30pm Whangie Whizz****Bog and Burn**

Queens View, nr Carbeth NS511807

BS 6.8km / 240m £5/£7

Over 16

Niallmcalinden@gmail.com

28.47 Joe Symonds 2015

33.12 Catriona Buchannan 2017

Sun 05 May**Lomonds Junior Hill Races – JUNIOR League**

Purin Hill (near Falkland)

Races for U18, U16, U14 and U12

Roger Rees,

rdr1@st-andrews.ac.uk www.fifeac.co.uk

Tue 07 May**7:00pm S-Krunce Series - Race 2**

Tyrebagger Woods, near Aberdeen NJ851045

BS 5.7km / 170m £1 Over 14

6 Race Series - New route in 2012

Ewen Rennie, 01224 326541

ewenrun@yahoo.com cosmics.org.uk

23:29 Kevin Harper 2012

27:52 Veronique Oldham 2012

Wed 08 May**7:00pm Dumyat****Bog and Burn**

Sports Centre, Stirling University

AS 8km / 380m £3/£4 Over 16

Register from 5.45pm.

Rhona Hendry, 01786 466900

Rhona.hendry@stir.ac.uk www.sports-dev.stir.ac.uk

32:23 Murray Strain 2012

36:46 Angela Mudge 2007

Wed 15 May**7:00pm Gypsy Glen Hill Race**

Gytes Leisure Centre, Peebles

BS 8.2km / 306m Over 16

Mike Pearson, 01721 720728

mike.pearson@tiscali.co.uk www.moorfootrunners.co.uk

30.46 Tom Martyn 2017

35:27 Sarah McCormack 2011

Thu 16 May**7:30pm Kinnoull Hill Race**

Kinnoull Church Hall, Perth

BS 6.4km / 250m £2 Over 14

David Knight, 01738 447955

d.knight@tinyworld.co.uk www.strathhtayharriers.co.uk

23:14 Peter Dymoke 1992

27:09 Tracey Brindley 1997

Thu 16 May

7:00pm Pressendye

Tarland, Aberdeenshire
AS 9.5km / 450m £2.50
David Hirst 01339 447955
David.hirst@nr.no
39:31 Rob Sinclair 2017

46:43 Anna MacFadyen 2017

Sun 19 May

Cornalees Hill Race, Greenock – SA JUNIOR CHAMPIONSHIP

Please check website details are to be confirmed

Sat 25 May

2:00pm Glas Tulaichean (uphill) + Junior fun run

Dalmunzie Hotel, nr Spittal of Glenshee
AS 7km / 670m £5/£7 (non-SAL) Over 17
Entries close 1.20pm. All runners must supply warm gear for transport to summit.
"Glas T Toe Tickle" junior race (1km / 50m) at 2.30pm.
Steve Matthews,
s.p.matthews@dundee.ac.uk dundeehawks.co.uk
33:50 Robert Quinn 1997 38:50 Angela Mudge 2003

Wed 29 May

**7:30pm Kilpatricks Hill Race
Bog and Burn**

Old Kilpatrick, Sports Ground
BS 10km / 430m £3 Over 16
James Callender,
james.callender@live.co.uk westerlandscoc.co.uk
42:59 Robbie Simpson 2010 49:26 Angela Mudge 2003

Sat 01 Jun

12:00 noon Helensburgh Hill Race

Helensburgh Rugby Club, Rhu Road Higher, Helensburgh
BM 7.7km / 350m £4 (Games admission charge) Over 16
Helensburgh & Lomond Highland Games
Chris Colmer, 01436 675932
colmer2@btinternet.com www.helensburghandlomondgames.co.uk
33:59 Hector Haines 2010 41:29 Ruth Joss 2010

Sun 02 Jun

European Championships Trial (uphill only)

Keswick, England

Sun 02 Jun

2:00pm Saugh Hill (+ young junior race) - JUNIOR League

Victory Park, Girvan, Ayrshire
AS 4.5km / 270m £2/£1 Over 12 - a counter for the SA U20, U17 and U15 Junior League
Minimum age 8 for junior race
Nat Taylor, 01465 715745
nathaniel.taylor@btinternet.com
21:38 Euan Jardine 2005 29:06 Jennifer Emsley 2005

Tue 04 Jun

7:00pm Krunce Series - Race 3

Tyrebagger Woods, near Aberdeen NJ851045
BS 5.7km / 170m £1 Over 14
6 Race Series - New route in 2012
Ewen Rennie, 01224 326541
ewenrun@yahoo.com cosmics.org.uk
23:29 Kevin Harper 2012 27:52 Veronique Oldham 2012

Wed 05 Jun

7:30pm Red Moss Kips**Bog and Burn**

Red Moss Car Park, near Balerno NT 166639

BS 9km / 220m £6/£4 (pre-entry via SiEntries from 1st May) Over 16

Free race entry for anyone who cycles to the start.

Limited parking, please car share.

Race entry includes soup at local pub after the race.

Pre-entry via sientries.co.uk

Jamie Thin, 0131 664 9734

jamie.thin@gmail.com

41:02 Andy Fallas 2016

48:31 Georgia Cottle 2016

Wed 12 Jun**7:30pm Cort-ma Law****Bog and Burn**

Crow Road car park, Lennoxtown NS613801

AS 10km / 520m £4 Over 16

David Rogers, 0131 442 2681

david.rogers@scotland.gsi.gov.uk westerlandscoccc.co.uk

47:04 Joe Symonds 2015

53:17 Angela Mudge 2007

Sat 16 Jun**WMRA International Youth Cup, Italy**

WMRA International Youth Cup

Youth Challenge for athletes aged 16 or 17

www.wmra.ch

Sat 22 Jun**2:00pm Eagle Crag**

Blarmachfoldach, Fort William

AS 8.6km / 760m £3 Over 17

Ian Adams, 01397 700081, 07957 501793

ian@ianadams7.wanadoo.co.uk

0:58:28 Brian Marshall 2007

1:11:59 Sarah Mackenzie 2014

Sat 22 Jun**2:30pm Eildon 3 Hills**

Gibson Park, Melrose

AS 7.4km / 575m £5/ £7 Over 16

Note 2:30pm start time

Gerry Moss

gerrymoss@hotmail.com galaharriers.co.uk

36:09 Sullivan Smith 2014

40.22 Louise Mercer 2015

Sat 22 Jun**3:00pm Finella Hill, Drumtochty Games**

Drumtochty Castle, Auchinblae

BS 8km / 300m Over 16

Drumtochty Highland Games

Evelyn Coates, 01561 378469

www.drumtochtyhighlandgames.com

Sun 23 Jun**2:15pm Lorne Highland Games**

Mossfield Park, Oban

BS 3.2km / 100m Over 12

Tom Smith, 01631 710391

thomas__smith@hotmail.com

13:06 Tom Smith 2014

18:21 Jo Smith 2014

Wed 26 Jun**7:30pm The Law Breaker****Bog and Burn**

Upper Mill Street, Tillicoultry

AS 5.4km / 630m £5 on the day Over 16

Andrew Wright,
trailracing@outlook.com www.thelawbreaker.moonfruit.com
32:51 Robbie Simpson 2008 40:13 Fiona Maxwell 2008

Sun 01 Jul
European Champs, Zermatt, Switzerland
GB Team
www.wmra.ch

Mon 01 Jul
7:00pm Cow Hill
Parade, Fort William
AS 3.2km / 275m £3/£5 Over 16
Teresa Kennedy, 07795 146386
maggiet@hotmail.com www.lochaberac.co.uk
16:56 John Brooks 2000 21:38 Ros Coates 1980

Tue 02 Jul
7:00pm Krunce Series - Race 4
Tyrebagger Woods, near Aberdeen NJ851045
BS 5.7km / 170m £1 Over 14
6 Race Series - New route in 2012
Ewen Rennie, 01224 326541
ewenrun@yahoo.com cosmos.org.uk
23:29 Kevin Harper 2012 27:52 Veronique Oldham 2012

Tue 02 Jul (TBC)
7:30pm Earliston Black Hill + Junior race
Earliston NT585369
BS 8.2km / 230m £3/£5 Over 16
7:00pm White Hill junior race (3.2km / 100m)
David Young, 01896 848031
david@dyoung04.orangehome.co.uk
26:52 John Wilkinson 1990 31:56 Angela Mudge 1998

Wed 03 Jul
5:30pm Kenmore Games Hill Race
Sports Field, Kenmore
AS 8km / 500m £5 Over 16
www.kenmorehighlandgames.co.uk

Sat 06 Jul
3:00pm Luss Highland Games
Luss Village, Loch Lomond
AS 3km / 300m Over 16
www.lusshighlandgames.co.uk

Sat 13 Jul
4.15pm Alva Games
The Johnston Park, Alva
AS 1.6km / 400m Pay entry to Games Over 17
Junior races earlier in day for U12, U14 & U17
Craig Dunbar, 01786 813523
alvagamessec@btinternet.com www.alvagames.co.uk
18:39 Kenny Stuart 1981 25:12 Christina Rankin 2012

Wed 18 Jul (TBC)
7:30pm Cairn Table
Bog and Burn
Cairn Table Car Park, Muirkirk, Ayrshire
BS 8km / 360m £5/£7 Over 16
A new race in the 2012 Bog and Burn series
Anneke Freel,
Anneke.Freel@east-ayrshire.gov.uk
30:41 James Espie 2016 37.54 Jill Stephen 2017

Sat 20 Jul**3:00pm Lochcarron Games**

Attadale Estate, Lochcarron

AS 5km / 380m Over 12

Also junior race for U16

Maureen Brown, 01520 722554

gamesadmin@lochcarrongames.org.uk www.lochcarrongames.org.uk

19:10 Andrew "Chunky" Liston 2009

Sat 20 Jul**3:00pm Tom na Bat, Tomintoul Games**

Tomintoul Highland Games

AS 5.6km / 340m Over 14

Tomintoul Highland Games

Patricia Grant, 01807 580407

patricia.grant18@btinternet.com

28:14 Dan Whitehead 2010

31:09 Clare Whitehead 2010

Sat 03 Aug**3:15pm Creag Dhubh**

Newtonmore Highland Games NN 708983

AS 7km / 370m £2 Over 16

Tom Robertson, 01540 673348

knockmalloch@onetel.com newtonmorehighlandgames.co.uk

27:07 John Brooks 1997

32:21 Angela Mudge 2006

Wed 07 Aug**2:30pm Killin Games**

Breadalbane Park, Killin

AS 2.5km / 400m Over 14

Registration from 12.30pm

Contact Janice Mclean 01567 820722

Janice Maclean, 01567 820722

www.killingames.co.uk

21:02 Graeme Bartlett 1998

29:04 Mhairi Inglis 2008

Tue 06 Aug**7:00pm S-Krunce Series - Race 5**

Tyrebagger Woods, near Aberdeen NJ851045

BS 5.7km / 170m £1 Over 14

6 Race Series - New route in 2012

Ewen Rennie, 01224 326541

ewenrun@yahoo.com cosmics.org.uk

23:29 Kevin Harper 2012

27:52 Veronique Oldham 2012

Wed 07 Aug (TBC)**7:30pm North Berwick Law**

North Berwick Harbour

BS 4.5km / 185m Adults £3/£5, Juniors £2/£4 Over 10

Register from 6pm in RNLI Boathouse at North Berwick Harbour. Runners aged 10-12 years are welcome, but must be accompanied by an adult (over 18) for the entire race.

Kirsty Preston, 07971 312 781

kpreston@eastlothian.gov.uk

17:53 John Wilkinson 1989

20:24 Angela Mudge 1999

Wed 07 Aug**3:20pm Isle of Skye Games**

The Games Field, Portree

Over 16

No entry fee

Allan Stewart, 01478 612540

astewart@csmco.net www.skye-highland-games.co.uk

Thu 08 Aug

3:00pm Ballater Games

Monaltrie Park, Ballater
AS 3.9km / 200m Over 16
Free entry.

Edward Anderson, 01339 755771

info@ballaterhighlandgames.com www.ballaterhighlandgames.com
16:59 Fred Reeves 1978 20:38 Clare Whitehead 2015

Fri 9th Aug**7pm The Meigle Hill Race****Galashiels**

AS 1.6km 230m
Gala Harriers

Sat 10 Aug**2:30pm The Cademuir Rollercoaster - JUNIOR League**

Peebles High School, Peebles

AS 6km / 274m - a counter for the SA U20, U17, U15 Junior League

Gregor Nicholson,

gjn@macsinsport.co.uk www.moorfootrunners.co.uk

26:00 Thomas Otton 2015 29:53 Catriona Buchanan 2015

Sat 10 Aug**12 noon Strathpeffer Games**

Castle Leod, Strathpeffer
AS 5.6km / 270m Over 14
Julian Foot, 01997 423340
julian.foot@gmail.com
25.43 Finlay Wild 2017

30.44 Jill Stephen 2017

Sat 10 Aug**3:00pm Weem Hill, Aberfeldy Games**

Atholl & Breadalbane Highland Gathering, Aberfeldy

BS 7.2km / 240m Over 16

Morag Kennedy, 01887 820666

info@aberfeldyshowandgames.co.uk www.aberfeldyshowandgames.co.uk

27:35 Harry Smith 2012

Sun 11 Aug**11am The Philiphaugh Hill Race**

AS 6.4km / 180m Over 14

AS 11km / 400m Over 18

Selkirk Fun Runners

Wed 14 Aug**7:30pm Caerketton + Junior race****Bog and Burn**

Hillend, Edinburgh

AS 3.5km / 300m £2 Over 16

7pm Junior race 1.6km/100m to top of ski slope and back. Under 16/Over 8.

Bog and Burn series prize-giving and soup at The Steading afterwards.

Stewart Whitlie, 0131 622 6296

stewart.whitlie@sky.com www.carnethy.com

17.51 Jonathan Crickmore 2017 20.23 Charlotte Morgan 2017

Thu 15 Aug**7:00pm Cheyne Hill Race**

Cheyne Woods NO 843883

BS 6.4km / 225m £2.50 Over 14

Cosmics Summer Hill Series - Race 4

Junior Race: 3.6km / 120m Over 12.

Gary Gutteridge, 01569 765234, 01224 758663

ggutteridge@oceaneering.com cosmics.org.uk

24.45 James Espie 2016 29:10 Clare Whitehead 2010

Sat 18 Aug (TBC)**2:00pm Tap O' North**

Rhynie, Aberdeenshire

AS 7.6km / 370m £2.50 Over 16

Simon Beeson, 01464 861387

simon@rhynie.vispa.com

33:18 James Espie 2016

36:35 Angela Mudge 2013

Thu 22 Aug**1:15pm Oban Games Race**

Mossfield Park, Oban

BS 3.2km / 120m Over 12

Tom Smith, 01631 710391

thomas__smith@hotmail.com www.obangames.com

0:12:13 Andrew Douglas 2011

0:14:54 Nicola Meekin 2010

Sat 26 Aug (TBC)**1:30pm Craigengower**

Straiton, Ayrshire

AS 3km / 200m Over 12

Jen Williams, 01655 770254

jen-williams@hotmail.co.uk

16:11 Prasad Prasad 2008

20:35 Toni McIntosh 2009

Sat 24 Aug**12 noon Junior Home International Trial - JUNIOR League**

Broughton Heights Hill Race, Broughton

AS distances vary according to age

Selection race for JHI and - **a counter for the SA U20, U17, U15 Junior League**

Mark Johnston, 01506 670184

mark_johnston@gmx.co.uk

Sat 24 Aug**3:00pm Achmony Hill Race, Glenurquhart Highland Games**

Blairbeg Park, Drumnadrochit

BS 8km / 210m £2 Over 17

Glenurquhart Highland Gathering and Games

Mamie Girvan, 01456 476367

info@glenurquhart-highland-gathering.co.uk www.glenurquhart-highland-gathering.co.uk

20:17 John Brooks 1997

Sat 07 Sep**1:20pm Morrone, Braemar Gathering**

Braemar

AS 5.1km / 400m £3 by 17th August Over 16

William Meston, 01339 755377

info@braemargathering.org braemargathering.org

24:28 M Hawkins 1984

30:03 Clare Miller 2002

Tue 03 Sep**6:45pm Krunce Series - Race 6**

Tyrebagger Woods, near Aberdeen NJ851045

BS 5.7km / 170m £1 Over 14

6 Race Series - New route in 2012

Ewen Rennie, 01224 326541

ewenrun@yahoo.com cosmos.org.uk

23:29 Kevin Harper 2012

27:52 Veronique Oldham 2012

Wed 04 Sep**7.00pm Caerketton Downhill + Junior race**

Car park at foot of Hillend Road. Register by 6.30pm NT237663

AS 1.8km / 300m descent. £1 Bring your own number Over 12

Start on summit of Caerketton. Junior race, Over 8. 1km / 150m descent.

Mark Johnston, 01506 670184

mark_johnston@tiscali.co.uk www.carnethy.com

4:54 Andrew Gilmore 2014

5:45 Charlotte Morgan 2012

Sat 07 Sep

12:00 noon JBF Memorial Devil's Beeftub

Corehead Farm, nr Moffat NT 073125

AS 3.2km / 230m £4 Over 12

Willie Gibson, 0131 440 2859

beeftub@carnethy.com www.carnethy.com

19:45 Morgan Donnelly 2011

24:06 Jill Mykura 2005

Sun 15 Sep

12:00 noon Creag Bheag

Ardvonie Park, Kingussie

AS 5km / 250m £3 Over 16

Manny Gorman,

manny68g@hotmail.co.uk

25:26 Ewan McCarthy 2014

29:46 Neah Evans 2014

Sat 21 Sep

3:00pm Pitfichie Hill (junior race)

Monymusk, Inverurie

AS 4.5km / 280m £2

Junior races for U18, U16, U14.

(Also 2km, 120m race for U12/Over 8)

David Armitage, 01467 651532

david@armitages.plus.com

23:07 Sam Burgess 2010

25:14 Rachel Armitage 2006

Sat 21 Sept

World Championships Trial (up & down)

Betws-y-coed, Wales

Sat 21 Sep

Junior Home International, Betws-y-coed, Wales

Up & down

Scottish Junior Team representation.

Sun 29 Sep

12:00 noon Penchrise Pen

Stobs Camp, Hawick NT500094

BS 8km / 280m £5 Over 16

Race and parking on farmland with livestock. Please do not bring dogs

Keith Murray, 07804 648287

kjmurray63@hotmail.com www.teviotdaleharriers.org.uk

34:54 Brian Marshall 2014

35:13 Charlotte Morgan 2014

Sun 29 Sept

2:00pm Bennachie + Junior race

Back O' Bennachie, Oyne, nr Inverurie

Junior hill race, 5km with 150 m climb for 12 to 17 yrs starting just after senior race.

Craig Kelly,

chair@gariochroadrunners.com gariochroadrunners.com

53:51 Chris Smith 2009

1:01:25 Clare Whitehead 2002

Sat 05 Oct

1:00pm Morven (plus junior races)

by Dinnet, Aboyne NJ410044

AS 8km / 640m £5 Over 16

Aberdeenshire Series Race 2

Junior races:

1:00pm Half Morven, U18/U16, 4km / 380m

27:28 Robbie Simpson 2007 34:06 Jennifer Kibble 2003

1:10pm Mini Morven, U14/U12, 1.8km / 108m

8:55 Hamish Battle 2008 13:33 Hannah Hughes 2007

Warren Burgess,

warrenhburgess@gmail.com deesiderunners.com
44:04 Alasdair Anthony 2006 49:47 Angela Mudge 2006

Sat 05 Oct

2:15pm Yetholm Border Show

Town Yetholm, Roxburghshire
Junior race 2.9km / 150m
Les Turnbull, 01890 840331
les1984@btinternet.com norhamrc.co.uk

Sat 05 Oct

1:00pm Meall nan Tarmachan

Maclaren Hall, Killin
AS 9.5km / 700m £10 (online entry) Over 16
Registration at Maclaren Hall, Killin from 11am to 12:15pm
Race entry includes lunch.
Kate Forster, 01567 820652
shop@killinoutdoor.co.uk www.killinoutdoor.co.uk
47:57 Prasad Prasad 2014 55:04 Angela Mudge 2013

Sat 26 Oct

12:30pm Meall a' Bhuachaille + Junior race

Badaguish Outdoor Centre, near Aviemore
Junior race 11:45am 5km / 152m
Russell McKechnie, 01463 237608
r.mckechnie@hotmail.co.uk www.highlandhillrunners.org.uk
1:02:24 Orlando Edwards 2013 1:14:12 Tessa Hill 2013

Sat 02 Nov

1:00pm Knockfarrel

Strathpeffer Shinty Pavilion
BS 8km / 360m £5 Over 16
Rebecca McKenzie,
beccamckenzie2009@hotmail.co.uk www.highlandhillrunners.org.uk
37:24 Graeme Bartlett 2000 43:20 Tracey Brindley 2004

Sat 09 Nov

2:00pm "Run and Become" Tinto

Sports Club, Symington
AS 7km / 460m £5 Over 16
Online entry. Check www.carnethy.com for further details
Cameron Scott, 01555 751794
tinto@carnethy.com www.carnethy.com
29:58 John Brooks 1995 33:43 Angela Mudge 2003

Sat 09 Nov

2.05pm Tinto (junior races)

Run in conjunction with Tinto senior race (see above)
AS 3.2km / 180m £2
Under 18, Under 16, Under 14/Over 12
Also "Tinto Tiptoe Fun Run" (1.5km 50m, entry 10p, Over 8) organised by Martin Hyman
(martinhyman@clara.co.uk)
www.carnethy.com
14:40 Jamie Stevenson 2006 16:06 Sarah Inglis 2006

Wed 26 Dec

11:00am Beecraigs Handicap Trail Race

Balvornie Car Park, Beecraigs Country Park, Linlithgow NS989740
14km / 340m
Handicap runs over 7 km and 14 km, first runner starts at 11.00am
Also Cockleroy Fun Run (1km approx) at 11.15am organised by Martin Hyman
(martinhyman@clara.co.uk)
Peter West, 01506 492088
peterwest@blueyonder.co.uk www.lothianrunningclub.co.uk

Sat 15 Nov

World Championships (Up & Down) - Villa La Angostura, Argentina
